

**PETER MANDEL**



**INTRODUCTION INTO THE  
THERAPY WITH ULTRAVIOLET  
AND INFRARED**



**ESOGETICS**  
heilkraft der farben

This brochure was prepared with the greatest possible diligence to provide accurate information.

Many of our therapeutic protocols and their effects are exclusively based on the empirical knowledge of naturopathic medicine. Medical diagnosis and treatment progression, in particular the methods of treatment and their effects, are extremely individual and variable. Hence the success of a treatment cannot be foreseen or guaranteed. Thus we are taking the precaution to point out that we are using the conditional tense in the presentation of our content to underline that point. The word “can” therefore hints at a mere possibility, in the sense of an assumption or conjecture, yet its existence is uncertain and can be paraphrased by the words “perhaps” or “potentially”. On that score we advise you to not take these terms as a promise of cure, as far as a possible treatment success or the appropriateness of a therapy are concerned.

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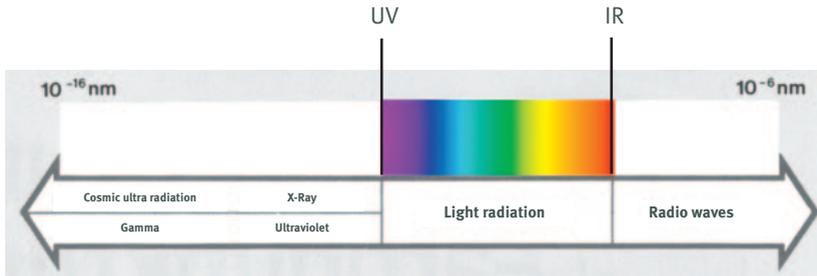
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# Introduction to the Therapies using Ultraviolett and Infra-red



In the book "Enlightened insights of wholistic dentistry" Peter Mandel talked already in 1989 about the two pillars of light "infrared and ultraviolet", which border the visible spectrum.

At the beginning of the '90's the infrared therapy tool IR 950 could be developed.

Within Esogetic Medicine the infrared therapy is an important avenue to therapeutically react to irregularities within the human organism.

We have to mention here that the infrared therapy is not really a new method.

What seems important is, that

- a defined frequency was found in the infrared spectrum, which provides particularly excellent therapeutic results within the esogetic model.
- the infrared impulse of the IR – 950 activates the regulation of disturbed cells, organs and segments within seconds of applying it to the esogetic somatotopies.

By following these instructions you will recognize, that the combination of infrared somatotopies and infrared impulse creates immediate therapeutic successes; at the same time the therapist receives an insight into the subconscious processes. The latter primarily, because all esogetic zones and segments are reflecting the wholeness of the human being.

Let me give you an example:

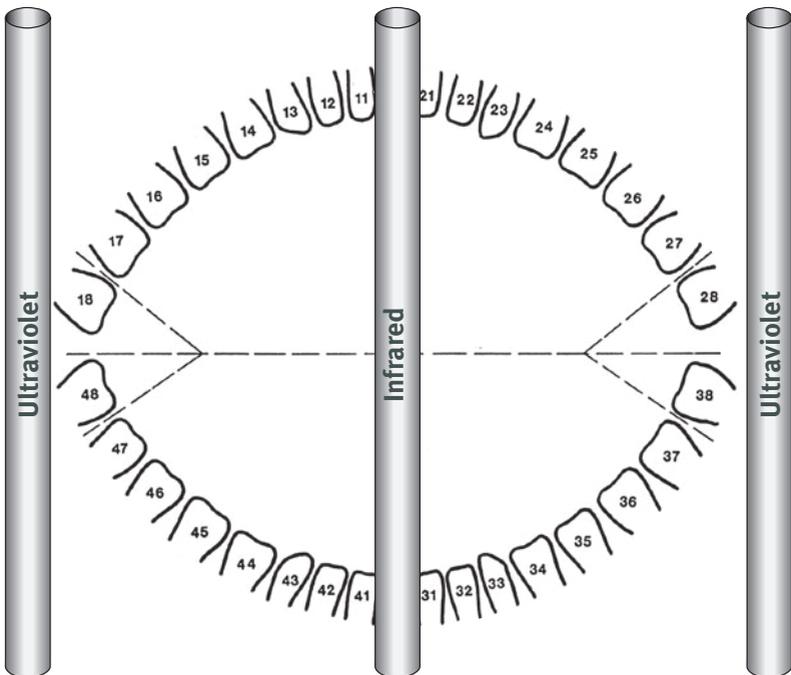
Esogetics relates all illnesses in the area of the knee to an individual's fears. It does not matter whether those fears are experienced in actuality or whether they are suppressed. The treatment area for the knee is located in the anterior portion of the shoulder. Manipulating this zone with

the IR – 950 or a brief pressure impulse relieves or removes the complaints in the knee within seconds.

Important clues come from the insight that on one hand we are treating a reflex zone for the associated complaints and on the other hand we gain information about the subconscious disturbances of the patient through that zone. The latter is of crucial importance for the continuation of the therapy. In treating the ill individual from a wholistic perspective we are not interested in a "quick fix" of the complaints, but we are focusing primarily on the question: "Why has this pain situation been able to manifest in this person?"

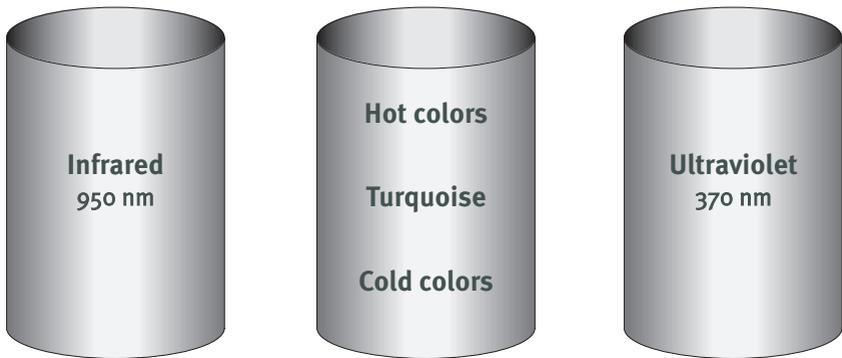
Thus esogetic therapy gives us the opportunity to not only comprehend the outwardly reflected irregularities and complaints, but to also recognize directly the subconscious causes of a complaint. This is a priority in all esogetic methods and is one of the big advantages of all the esogetic somatotopies and options.

Infrared radiation is measured from 780 nanometers up; ultraviolet from 400 nanometers down. When working out the colorpuncture of the points on the mucous membranes according to Gleditsch we noticed, that the teeth with their four quadrants of seven teeth plus a wisdom tooth each are again reflecting the spectrum and its boundaries of infrared and ultraviolet. Peter Mandel recognized that the outer areas of the teeth have to be correlated with the ultraviolet frequencies, whereas the entire middle of the body (governing and conception vessel) represents the frequencies of the infrared.



There are quite few possible therapies, including the converter points. One of the quickest and most important options is the therapy with the infrared tool IR -950 and the ultraviolet tool UV 370. The infrared therapy of the appropriate points often leads to reactions in the associated body areas within seconds. Our observations of using the infrared therapy with sick individuals show clearly that the converter model of Esogetic Medicine has to be of prime importance in the choice of therapeutic areas.

The inclusion of infrared frequencies in esogetic colorpuncture necessarily lead to the development of the opposing "outer pillar" of the spectrum: The ultraviolet radiation. These two invisible outer boundaries are connected through the third pillar – that of the visible light within the nanometer scale.



According to experience the middle of the visible spectrum seems to be of particular importance for the treatment of anything alive. Whereas the complementary color therapy of the middle pillar nowadays is seen as an activation tool for the whole spectrum, Peter Mandel has assigned specific qualities to the areas of infrared and ultraviolet.

## Infrared

Wavelengths of ca. 750 nm and more are a part of the electromagnetic spectrum. Each body basically emits infrared radiation as a result of the movement of its warmth. We have decided on the nanometer value of 950 within the infrared spectrum, because according to Prof. Popp this is the frequency of the nucleus of the cell. We could also observe that this infrared frequency is ideal in all states of pain. Peter Mandel understands infrared as the pillar of the world and of matter.

## Ultraviolet

The ultraviolet therapy with the nanometer value of 370 nm is the mental pillar of light. Through defined areas of the skin we can stimulate or order the information process (mind) within the living field in a very specific manner. Like light ultraviolet is also subject to the laws of refraction, reflection and – important for therapy – interference. Depending on the frequency ultraviolet has a higher energy than the visible light and also a deeper capacity for penetration into matter.

## **UV-light: Medium of Therapy and Communication**

We owe the discovery of the therapeutic value of ultraviolet light for the treatment of skin tuberculosis (lupus vulgaris) to the Danish physician Niels Ryberg Finsen (1860 – 1904). Today – more than a century later – we know much more about this invisible radiation. Thanks to the extraordinary research by Prof. Popp it has been proven that light is not only a source of energy, but also a factor that creates order and assures that all processes within the body are harmonized and synchronized. The nucleus of a human cell emits UV light between 1900 and 3300 Angstrom.

Communication is thus happening not only in the brain, but throughout the whole body. That is not a new insight, but in the meantime it has been validated not only scientifically, but also medically through neuro-gastroenterology.

The insight that infrared and ultraviolet play an important part in the cellular communication is the basis for important esoteric methods and many therapies have developed from here. From the beginning Esoteric Medicine was based on the premise that the human being has an abdominal brain and that all diseases originate from a stress – whatever form it may take – insufficiency or spasm at the "center of the being". Today after the "discovery" of the abdominal brain this cannot be denied scientifically any longer (see neuro-gastroenterology).

## **The Application of Infrared and Ultraviolet-Puncture**

Today we have the tools that match our therapeutics demands: the newly developed ultraviolet set UV – 370 Hyperiod and the infrared set IR – 950 Hypererythros. An in-build pulse shape generator creates physiological frequency patterns, which the organism understand more easily. They are repetitive technical frequencies of the purest type.

The ultraviolet light has a particular priority for all the reflex areas of the Ophthalmotropic Genetic Therapy in the forehead region, the crystal puncture and especially for all the new levels between the abdominal and cranial brain. Ultraviolet point therapy can also always be used – with the necessary caution – when we want to provoke reactions in the subconscious. Infrared has its priority in the treatment of pain, especially by ways of the reflex zones of the converters and the skull somatotopy.

In clinical practice the choice of a therapy combination could look like this: Ultraviolet works on the side of causation, i.e. it addresses primarily the subconscious of the human being. If we have strong pain in the associated area – for instance in the stomach – and this organ already is suffering cellular damage, then the treatment would start with infrared (physical/organ correspondence), continue with ultraviolet (causation principle) and complete with crystal puncture (formation of constructive interferences to the specific point of origin of the disease).

At this point we should look at Prof. Dr. Rimpler's "effectiveness hypothesis". He is a teacher at the medical school of the University of Hannover and he has worked on these ideas, because of the irrefutable effectiveness of crystal puncture. In my opinion it applies to all therapeutic media, which are based on the principle of reflexes resp. resonance.

## Prof. Rimpler's hypothesis

The ability of the systems that comprise the organism, which are open and interacting in a multitude of ways, of continuing regulation is the necessary premise in order to maintain the homeostasis which is the basis of health. As long as there is vitality biophysical structures form within the cells and these are sent out and they also serve the fine-tuning of the cells in relationship to each other in order to regulate the overall metabolism.

In order to guarantee the continuation of vital functions the ongoing supply of energy is critical, and in that the stimulation through electromagnetic radiation for the regulation and expression of the life processes is of particular importance. As the sensitivity of living systems depends on their degree of order, the human being is already reacting to small stimuli, which is utilized for instance in acupuncture or electroacupuncture.

We also know that cells, which are influenced through the interchange with their surrounding matrix, change their behavior. Whereas in the case of a noxious stressor initially only the necessary elimination processes are increased, we find after a while a chronic process and finally a degeneration and de-differentiation. Such deep reaching changes also lead to a characteristic change in the quality of the emission and clinically the organism shows a state of depletion. Cutaneo – visceral reflexes indicate that the skin seems to be able to absorb electromagnetic radiation and to transfer it to the inside of the body, which is purposefully used in acupuncture.

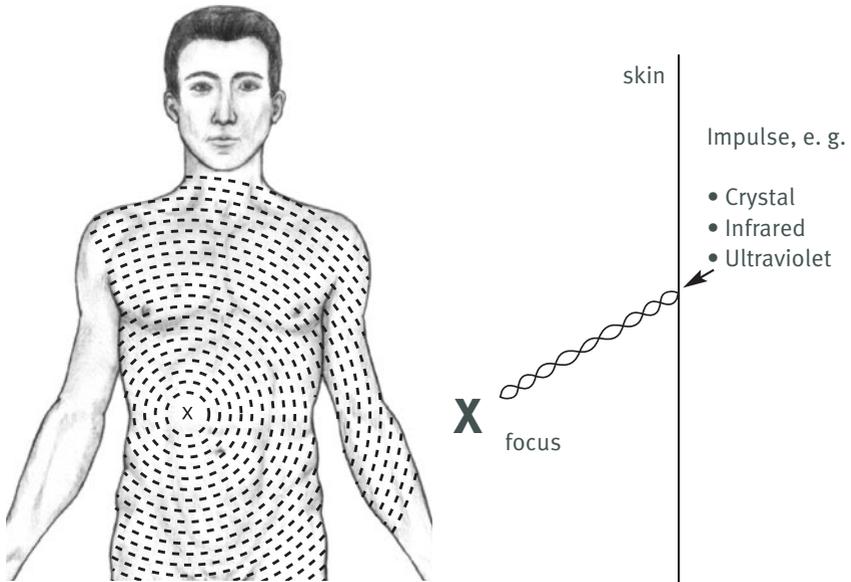
A pathological state can therefore be discovered through an altered acupuncture value, which is a result of the change in the reaction capacity of the associated system. If a pathologically altered emission is eliminated through interference with an opposing interference frequency, then the reaction capacity is influenced. Thus it should be possible to interfere in pathological processes and introduce changes that can be used therapeutically.

**Overall we can imagine that the reflective surfaces of crystals are able to erase the pathological emissions of a disturbed reaction state through interferences and to create a stimulus that induces the chaperon synthesis and secretion, which contributes to the regeneration of the regulation capacity. Moreover it should be possible to introduce through the same points on the skin certain electromagnetic vibrations. We are certainly curious how such a hypothesis will prove itself in the future through clinical observations.**

Prof. Rimpler's hypothesis basically validates my opinion that the effect of crystal puncture and esp. of the ultraviolet and infrared puncture is based on "constructive interferences". Acupuncture, piezoelectric impulses, colorpuncture and all other imaginable media also easily fit this picture. That is the only way to explain the effectiveness of treatments often within seconds. If there is a disturbance or an ailment anywhere in the physical – organic realm, then this sector emits wave packages. These waves are received on the entire surface and they lead to a change in the electromagnetic potential. The electrical resistance changes and there is an ongoing interaction with specific correlated reflex zones and points, through an appropriate therapy medium and especially in the right place. If we construct an opposing wave, which covers this negative wave or rather forms an interference with it, then this interference erases the pathological state of reaction. Often within seconds. The disrupted dynamic is re-established.

To repeat it once more: For the therapy the location and the choice of media for the treatment of the particular reflex areas are crucial.

The following example is intended to demonstrate the protocol based on Prof. Rimpler's hypothesis.



A very important factor is the associated somatotopy, which has a direct connection to the altered potential. In our observations we could notice that for instance the "Ophthalmotropic Genetic Therapy (OGT)" has a connection to ultraviolet puncture. Later we shall see that some other known as well as new somatotopies also have an affinity for the ultraviolet treatment. At first, though, an excursion into the new medical science of neuro-gastroenterology.

## **The discovery of the abdominal brain**

Now we know it for sure:

**As humans we have a brain in our abdomen.**

Numerous generations of wholistic and naturopathic healers have known that all along:

**Everything is regulated from the gut.**

Without doubt one of the most consequential insights of recent medical research has been the reproducible discovery, that the human being has two brains: One in the gut and one in the head. There 300 researchers worldwide at this point, who specialize themselves in this new medical genre, the "neuro-gastroenterology". New discoveries are celebrated daily and it is intriguing where the path will lead us. Some core statements by the "father of the abdominal brain" Prof. Dr. Michael Gershon of the Columbia University in New York:

"The intestines are ruled by a second brain, which transfers way more signals to the head than it receives from there. This abdominal brain is completely autonomous."

The human being has always known or at least assumed that his gut had to be something special. Whenever we have feelings the gut reacts first. When we have an intuition, feel inspired or experience anger, stress, joy or happiness, we always feel it first in the gut. Traditionally it is the "Hara" or the "being centered" or the "good feeling" of the Americans. Management training has focused on the gut for many years now, and the seminars keep repeating the statement "listen to your gut".

I think it is really remarkable that Prof. Gershon uses the terms "soul and spirit" when he discusses the functions of the abdominal brain:

"The abdominal brain guarantees the survival of soul and spirit in this dimension. It is the source of psychoactive substances, which are connected to our feeling.

Examples of that are serotonin, dopamine, opiates, etc. The statement that the gut nourishes the cranial brain in many ways can be taken literally. Researcher post the origin of the abdominal brain at the time of embryonic development. They explain that during the formation of the neural ear and the neural crest nerve cells emigrate into the abdomen. These 'emigrants' colonize the middle of the body. The connection between the two – quasi the bridge – are the spinal cord and the vagus nerve. It is a definite that the "abdominal brain" plays a huge part ( if not the hugest part) in joy and suffering. The mutual interdependence of feelings and the immune system can now be explained much better. 70% of all immune cells are located in the intestines

and the scientists also suspect a connection between feelings and the defensive capacity of the immune system. The same research results are also speculating about the auto-aggression of that same system. We – who have been treating these connections therapeutically for long years – have known all of this through our observation of many sick people. From the beginning the diagnostic and therapeutic systems of Esogetic Medicine have been oriented according to the trinity of body, mind and soul and all the teachings and treatments are based on this truth. Let us for instance remember the many different conflict resolution therapies of Esogetic Medicine or the interpretations of the EEA, where we have developed three topographies by now that are related to the "triad of life".

Prof. Gershon says:

"The thinking (feeling) organ in the gut is an independent spirit, a vibrating, modern, data processing center."

That brings up the question: Whose data does the abdominal brain process? That makes it legitimate to think about the term "mind", the main function of which is for us the term "information". Where does this information originate from and through which "transmitters" does it invade the gut? Many questions come up and it is legitimate to think about answers – to contemplate the new possibilities that this new science might open up for all of us. The general consensus is that because of this new knowledge nothing is the way it has been any longer. But through the ages it has always been like that.

### **Everybody has to change their thinking, including us!**

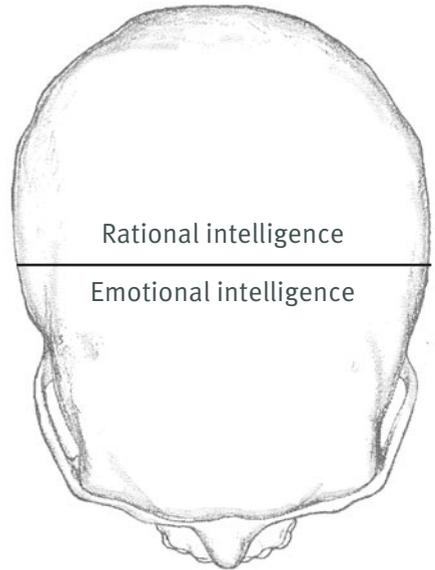
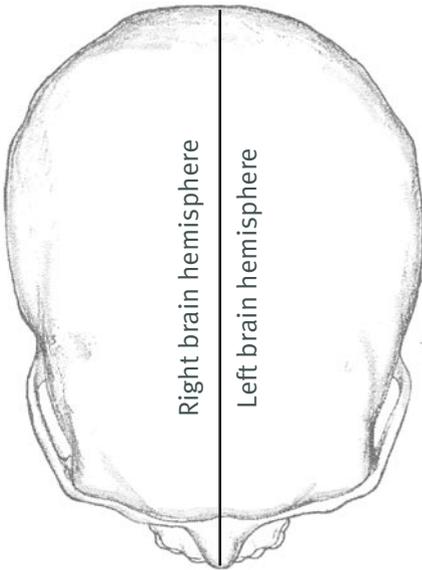
In his experiments Prof. Emeran Mayer from UCLA has been researching the messages which the gut is sending to the head. His conclusion:

### **The gut prepares a "feeling bed" in the cranial brain.**

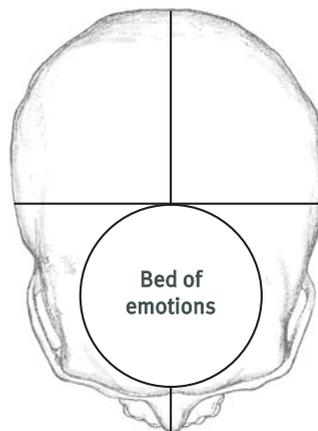
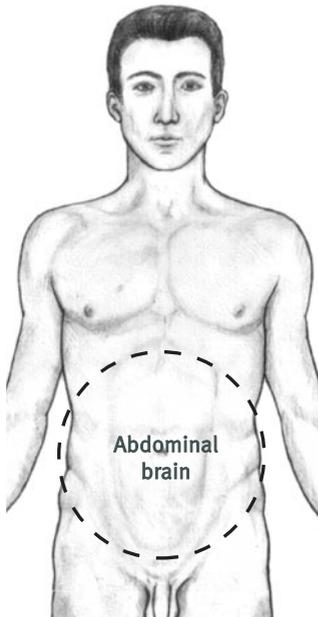
He talks about "areas of malaise" or the "emotional memory". Using the example of patients with an irritable colon he explains the connections.:

People with IBS experience an intestinal procedure (for instance the dilation with a balloon) more intensely and they remember negative events longer than healthy individuals. It is similar in people suffering from anxiety or depression.

The present state of the body and gut is registered in the frontal part of the brain. There the moods of an individual are composed in the cranial brain. In his book "Emotional Intelligence" Goleman writes that we mentally have to subdivide our brain. He says that the emotional intelligence is located in the prefrontal lobes. This coincides with Prof. Mayer's research.



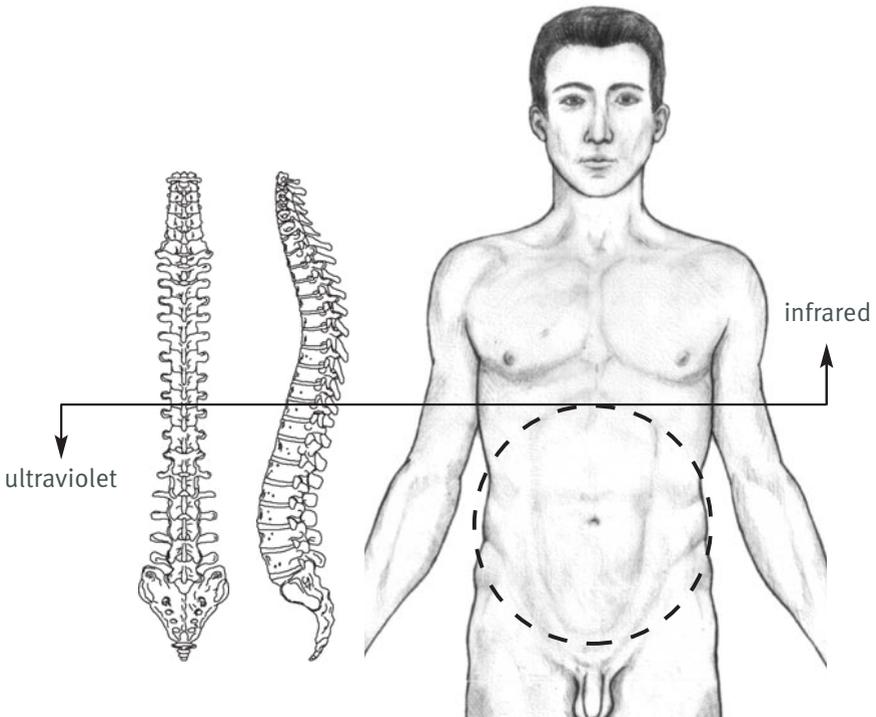
It might be of interest that in Esogetic Medicine we are positioning the front of the body into the "feeling bed" on top of the skull and from there we can influence the spine (inverted human). This is also the reason for the basic idea that the interaction between head and gut reflects in a certain way through our spine in the sense of a "soul axis".



Peter Mandel has pursued this idea and the experiments that have been conducted so far show extremely clearly that these considerations are very valid. Thus we are talking nowadays about the "information levels" or "information barriers".

## The Information Barrier TH 8

The level which Peter Mandel now calls information level or information barrier is the connection between the feelings and the resulting rational reactions. Thus it was only a question of experimenting until we definitely knew (of course only empirically) that this information level is the "door opener" for all further therapeutic considerations.



We also realized that all spinal segments – or better the vertebrae themselves – represent such barriers. depending o the diseases and complaints that we find in our patients, we can use the knowledge of these connections of the segmental reflexes therapeutically. We can utilize the microsystems and esogetic somatotopies, which are associated. Let us first look at the basic barrier of the information level, which in my thinking is responsible for the connection between emotion and reason resp. the gut and the head.

We find the connecting line by creating a horizontal cross section through the torso from the tip of the sternum to Th8. This governs the plus and minus function of the body. Thus we can initiate reflexes from here which open the door for further therapeutic considerations.

It is easy to see that the gut (in which the spirit/mind are reflected) belongs to the ultraviolet vibrations. The reason or the conscious physical aspect vibrates in the infrared spectrum. This is only a very categorical definition. It is just common sense that due to the permanent movement of the reflexes the "one is and sometimes has to be exchanged with the other" occasionally (infrared – ultraviolet).

Let me now give you the treatment points for this basic information barrier that connects the gut and the head. As mentioned previously this level shows in all those sectors of topographies which represent the spine as a whole. Keep in mind, though, that such reflex areas do have a hierarchy.

## The Therapy of the Information Level or Barrier

Eight points rule the protocol. The treatment starts in the spinal region in the area of Th8. For better comprehension why this is the case let me give you a diagram.

From the extensive understanding we have gained in the last years about the spine we can explain the 'chord structure' (three tones) of the different vertebrae.

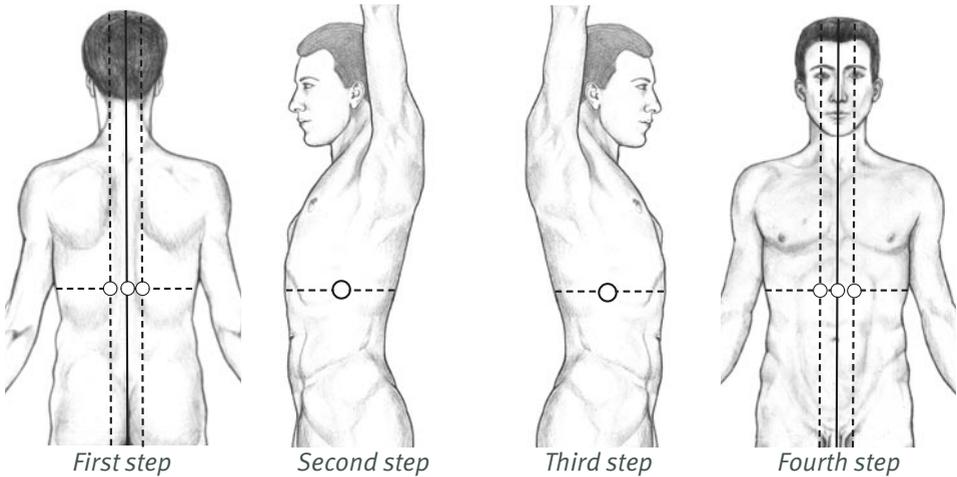


The old physicians and naturopaths used this chord by percussing the transverse and spinous processes, in order to influence the connected organs, systems and the often complex symptoms and illnesses. The vibration that was generated through the percussion often loosened the rigidified state that had created far reaching symptoms. Or let us remember the homeo- and acusiniatry, which has been established by Weihe and later de la Fuye. The insight, that a remedy picture is connected to a vertebra or an acupuncture point or meridian located there and thus can resolve symptoms and induce healing processes, totally fits this image and relates to the term "information". So there are and have been many methods that empirically have dealt with the process of the chord. Therefore the following proposals are really nothing new, except for the idea of using new media to achieve a faster and improved reaction – especially in the area of the so-called incurable diseases.

The method of the information level treatment in regards to the therapeutic reflexes emphasizes the level from the tip of the sternum to Th8. As this treatment does not have any specific

indications, but always addresses the whole, this therapy should be used in the beginning independent of a patient's presenting issues.

**Note:** The physical level is the door opener for everything, thus without indication.



The treatment is started at the spinous process of Th8 resp. the area which is particularly sensitive to pressure when drawing the line from the tip of the sternum ( can vary a little at times). We find two more points to the right and the left. Then we draw the horizontal to the front and we encounter the right and left points on the midaxillary line. Then we reach the tip of the sternum with a point on its right and one on the left. That establishes the treatment protocol:

**Location:**

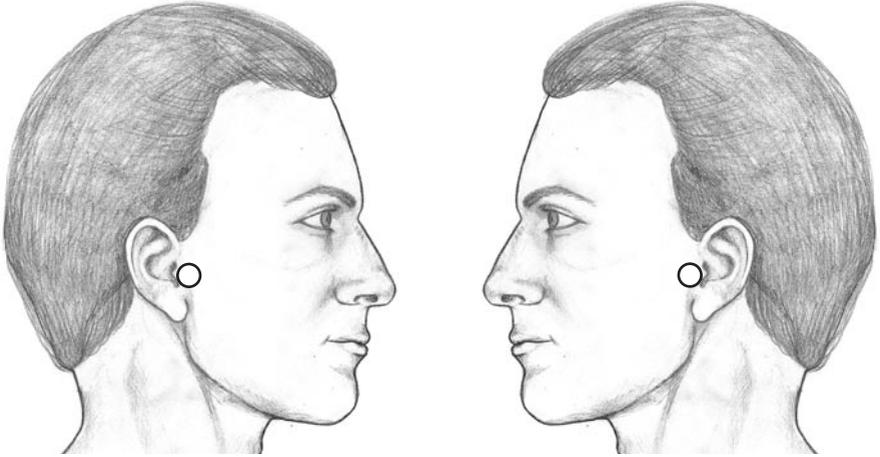
1. Centerpoint of the spine
2. 1FW (fingerwidth) from the center to the left
3. 1FW from the center to the right
4. Left point
5. Right point
6. Point directly on the tip of the sternum
7. 1 FW from point 6. to the left
8. 1 FW from point 6. to the right

This is a "treatment of opening" between the top and the bottom. The treatment can be conducted with several different media:

**Treatment Sequence:**

1. The main treatment medium is ultraviolet. Further options;
2. Injection. Remedy: Psychoneurotikum, AP VIII, Elhapargen
3. Acupuncture or piezoelectric impulses initially.
4. In children crystal puncture has proven effective. The crystals can be left for several days.

## The General Lymph Drainage Point



The connection of lymph drainage problems and many forms of illnesses is well known. This region belongs to the most important areas of any and all therapies. Principally, this point is a “crystal point” and with that, it is particularly assigned to the ultraviolet vibrations. The ultraviolet (crystal) treatment of the eighth teeth and of the retromolar space belong to the therapy forms, which are primarily used in many (if not all) illness forms.

**Indication:** The connection between disturbances in lymphatic drainage and many disease manifestations is well-known. This area belongs to the most important zones of any therapy.

**Location:** 1 FW in front of the auditory canal in the TMJ

**Treatment sequence:** In principle this point is a “crystal point “ (see later) and due to that it is particularly tuned to the ultraviolet vibration. The ultraviolet (crystal) treatment of the ear, the eighth molars and the retromolar space belongs to the type of therapy, which can initially be used in so many (if not all) types of disease.

# Therapeutic Sequences with Infrared and Ultraviolet

A special option for chronic focal toxicoses of the head is the use of the points of the teeth on the front of the skull, combined with the teeth points of the ear right at the beginning of a treatment – no matter what the state is and whenever we have the suspicion of a focal intoxication.

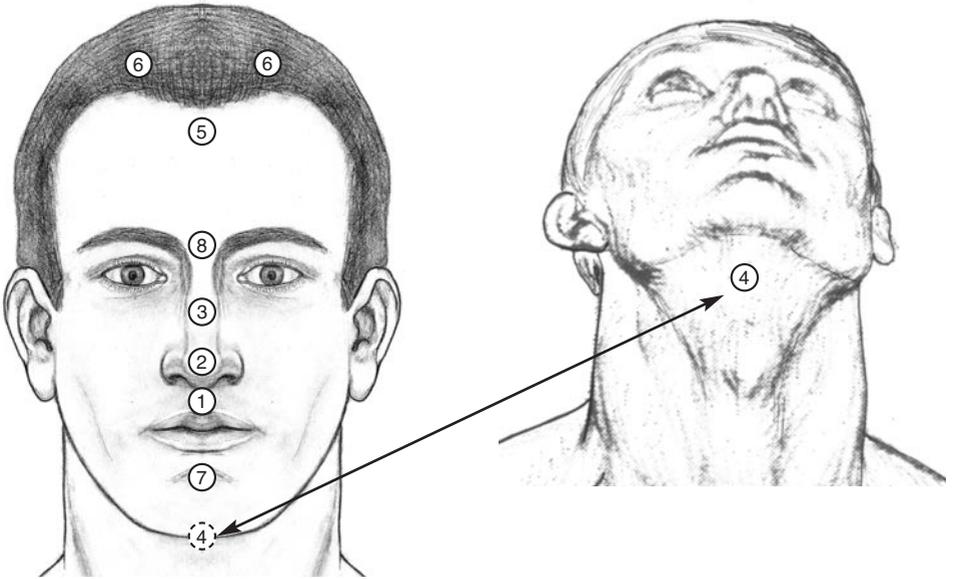
## Definition of the Term "Focal Toxicosis"

"The term is the combination of "focus" – point of concentration and "toxicosis" – poisoning. That means a poisoning of the body from a concentrated place. The point of origin can be a tooth, a sinus, the tonsils or – as we often see in the EEA – the entire space of the lymphatic drainage area of the head. Tooth anomalies, jaw anomalies and the filling material of teeth are further important factors that can disturb the function of organs and destroy them over time. That brings up the question how this fits into the hierarchy of systems. After 25 years of observing numerous patients and their EEA pictures, Peter Mandel now holds the opinion that all focal toxicoses are of secondary importance. The exception are mechanical injuries from for instance grading down the teeth or from accidents or operations. But even in the latter the disturbance of function is not a necessary consequence. The acceptance of focal information by systems and organs requires a weakness of those systems. How else can we explain that some people have severe foci in their teeth or other areas of their body, yet they feel very healthy? The hotly debated amalgam – which in my opinion is one of the most potent toxins that a human being is subjected to – does not trigger symptoms in just everybody. Many have a mouth full of amalgams and they feel well. This is certainly the counter-argument of allopathic medicine, which opposes the people suffering from amalgam's side effects with relatively healthy amalgam carriers. This kind of argument is absurd, however, because everybody knows that long lasting stress situations already compromise the immune system.

Amalgam is certainly an aggressive trigger of the most diverse illnesses, the destructive results of which keep physicians of all specialties occupied. This track is a one-way and leads to the area of secondary focal disturbances. In all other focal toxicoses Peter Mandel is convinced that the hierarchy of information makes it necessary to survey the situation from the next higher system: In stress situations the function of the hypothalamus – pituitary axis is weakened. The permanent presence of cortisol and epinephrine in the blood necessarily destabilizes the immune system. That is the current definition of stress, which also states that this leads to a greater susceptibility of the organ and systems towards external attacks. This prepares the ground for a focal toxicosis, which before had been quietly and peacefully minding its own business.

Using the knowledge of the correlations and the connections to the function circles it is now possible to take the overall picture of the patient and find the disturbed areas from the focal sectors, which in most cases are also phenomenally active and thus indicate the complaints.

# The Teeth Points of the Front of the Skull



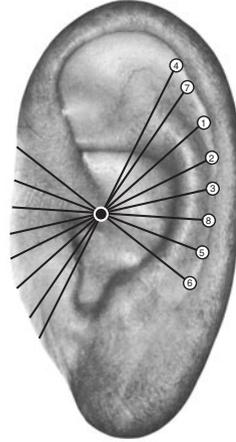
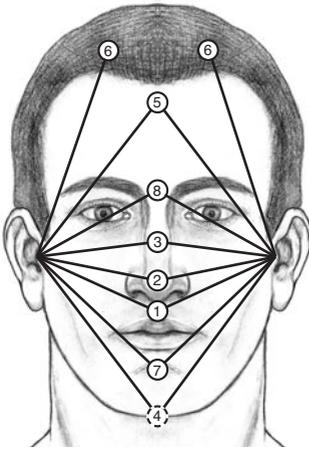
**Indications:**

Correspondences of the odontones – teeth to the function circles

**Location and Treatment Sequence:**

<p>Odontone 1    FC Ki/UB                    red/UV/IR</p> <p>Odontone 2    FC Ki/UB                    orange/UV/IR</p> <p>Odontone 3    FC Liv/GB                    low/UV/IR</p> <p>Odontone 4    FC Lu/LI                    green/UV/IR</p> <p>Odontone 5    FC Lu/LI                   quoise/UV/IR</p> <p>Odontone 6    FC Sto/Sp                    blue/UV/IR</p> <p>Odontone 7    FC Sto/Sp</p>	<p>GV26 in the middle of the upper lip .....</p> <p>tip of the nose, kidney point of Chinese nose acupuncture .....</p> <p>transition area from bone to cartilage on the back of the nose .....</p> <p>GV23 directly below the hyphoid .....</p> <p>1 FW below the hairline .....</p> <p>vertically above the pupil, 2 FW above the hairline .....</p> <p>CV24 in the groove on the chin .....</p>
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# The Teeth Points in the Ear, Right and Left



**Location:** The points of the anterior skull are connected with Nogier's zero point, and then that line is continued into the autonomic groove of the ear according to Günther Lange.

**Indications:** The points each influence two quadrants of the jaw, the right ear the right side and the left ear the left side.

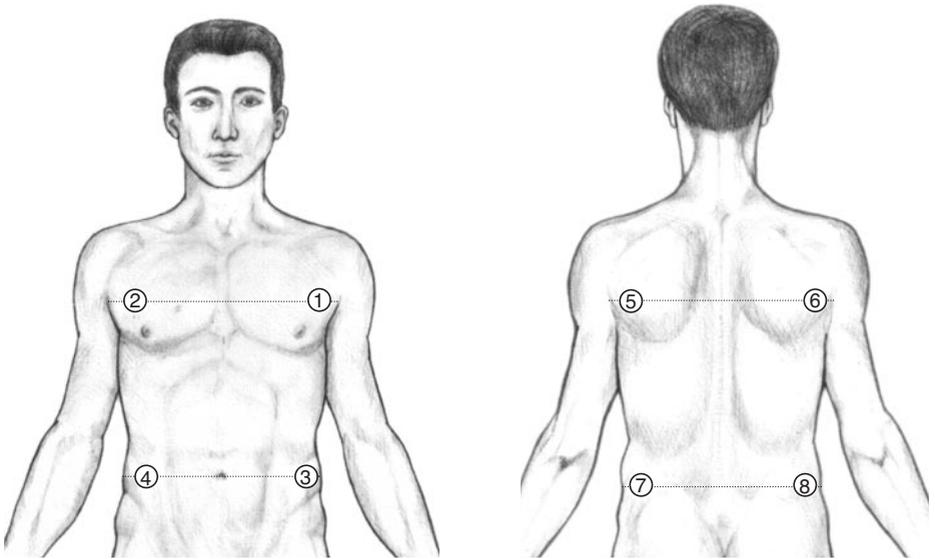
**Treatment sequence** The numbers correspond to the associated odontones. The left ear is radiated first, then the right one.

The points receive first acupuncture/ piezoelectric impulses and then color:

Odontone 1	FC K/UB	.....	Red
Odontone 2	FC K/UB	.....	Orange
Odontone 3	FC LR/GB	.....	Yellow
Odontone 4	FC LU/LI	.....	Green
Odontone 5	FC LU/LI	.....	Turquoise
Odontone 6	FC SP/ST	.....	Blue
Odontone 7	FC SP/ST	.....	Violet
Odontone 8	FC HT/SI	.....	Ultraviolet

The duration of radiation is 20 seconds for each point.

## The Lymph Drainage Points (retromolar/ 8. teeth)



**Indications:** Pre-treatment of all rheumatic and joint diseases, pain. Hanging on, grinding one's teeth, not being able to let go.

**Location:** The lymph drainage points related to the retromolar and 8. teeth areas can be found 1 FW towards the midline of the body at the level of the axillary folds and the navel.

**Treatment sequence** Radiation of all points in the given sequence . . . . Ultraviolet  
Duration: 15 seconds each

Then we add the general drainage point of the lymph (see page 16).

# The Esogetic Holographic Points

## Indication:

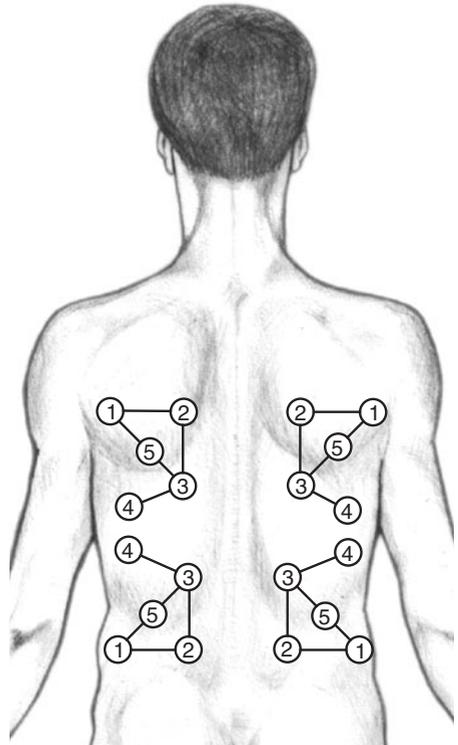
An old therapy had to wait for the development of the ultraviolet tool. we managed to get by with colorpuncture and in the case of strong pains with subcutaneous injections and the remedy Lymphaden. Acupuncture and piezoelectric impulses have also been helpful. We are primarily addressing the resolution of causes that lead to pain in the spine and joints.. All points – top and bottom, right and left – can be combined with each other in this therapy.

## Location of the points Top:

- 1: 1 FW from the axillary folds, relates to lumbar spine, sacrum
- 2: 1 Handwidth from point 1, relates to hip joint – thigh
- 3: 1 Handwidth from point 2, relates to knee – lower leg
- 4: 1 Handwidth towards the outside of point 3, relates to ankle joints – toes
- 5: Nerve point – 2 FW from point 1 and 2 FW down

## Location of the points Bottom:

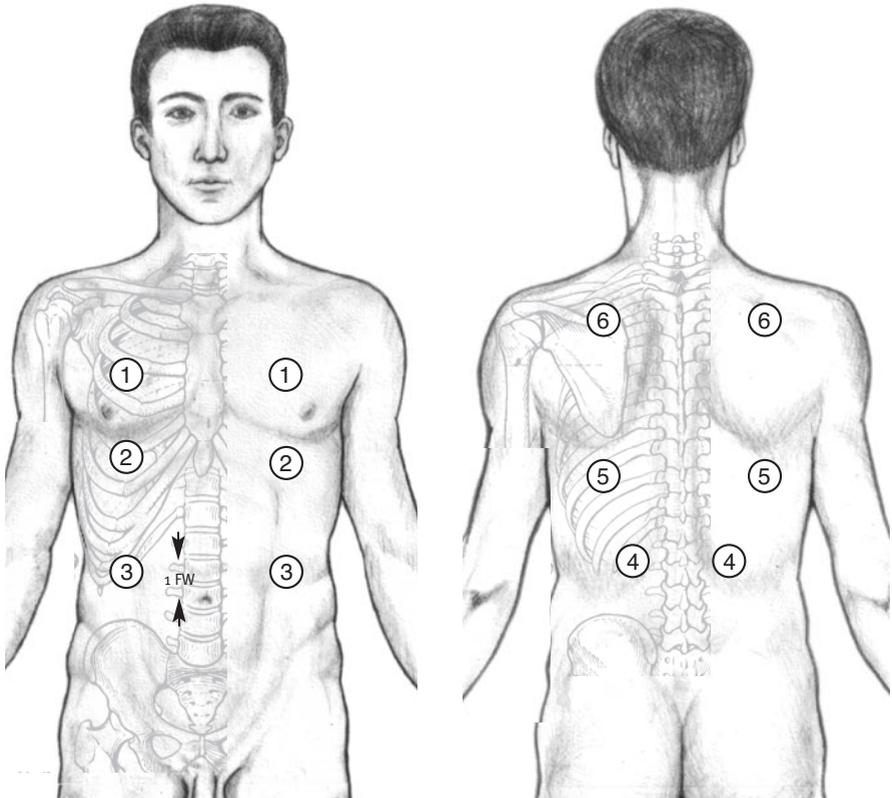
- 1: Horizontal from L5/ S1, 1 FW towards the mid-line, relates to cervical and upper thoracic spine
- 2: 1 Handwidth from point 1, relates to shoulder joint – upper arm
- 3: 1 Handwidth from point 2, relates to elbow joint – lower arm
- 4: 1 Handwidth towards the outside, relates to wrists – fingers
- 5: Nerve point – 2 FW from point 1 and 2 FW up



## Treatment sequence:

If the lower extremity is burdened, than take the upper points, if the upper extremity is burdened then take the lower points.  
All points are treated with ultraviolet.

## The Twelve Esogetic Detoxification Points



### General indications:

Overall an excellent treatment for all intoxications, for the colorpuncture as well as the ultra-violet treatment.

These twelve points are an extraordinary approach to stimulating the organism, metabolizing toxins and encouraging detoxification and elimination.

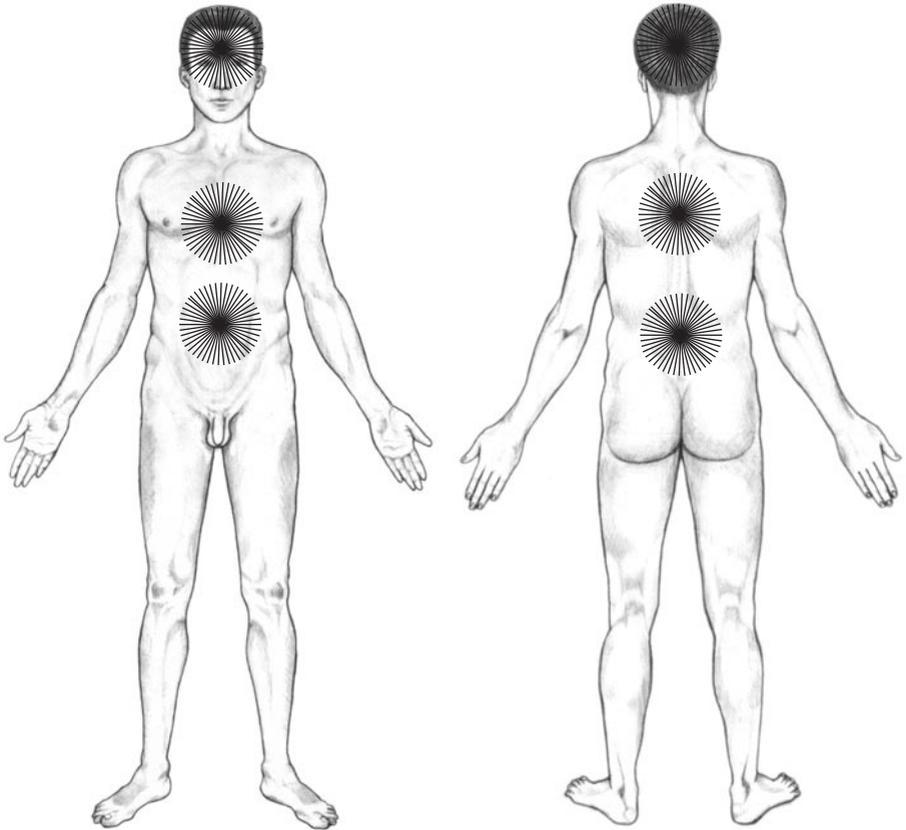
## Location of the points, Indications and Treatment Sequence:

- Point 1** Converter point of the kidney (inverted human)  
**Indication:** Regulation of the elimination function of the kidney  
Stimulation of the lymph drainage from the head  
In the case of sinus pain  
For focal stresses  
**Location:** 3. ICS (intercostal space) on the soul line (mamillary line)  
**Color:** UV/green
- Point 2** Liv14 – Liver alarm point  
**Indication:** Rheumatic stresses  
Joint pains  
Stimulation of hepatic detoxification  
**Location:** 6. ICS on the soul line  
**Color:** UV/ yellow
- Point 3** TW15 / II shoulder points of the inverted human  
**Indication:** Lymph drainage from the head  
For focal stresses of the head and the abdomen  
**Location:** 1 FW above the navel on the soul line  
**Color:** UV/ red
- Point 4** Kidney pole  
**Indication:** Stimulates the lymph  
Drainage of lymph from the head  
Stresses of the sinuses  
**Location:** In the angle between the twelfth rib and the transverse process of L1  
**Color:** UV/ red
- Point 5** Detoxification point of the lung  
**Indication:** Regulates the gastro-intestinal tract esp. the intestines  
**Location:** 7. ICS on the soul line, level of Th9  
**Color:** UV/ green
- Point 6** Liv14/ II (inverted human)  
**Indication:** General detoxification point  
Muscular pain  
Joint swellings  
Lymphatic congestion  
**Location:** Below the superior angle in the supraspinous fossa on the soul line  
**Color:** UV/ yellow

The radiation of points 1 through 6 is conducted first on the left, then on the right side. The time per point is about 20 to 30 seconds.

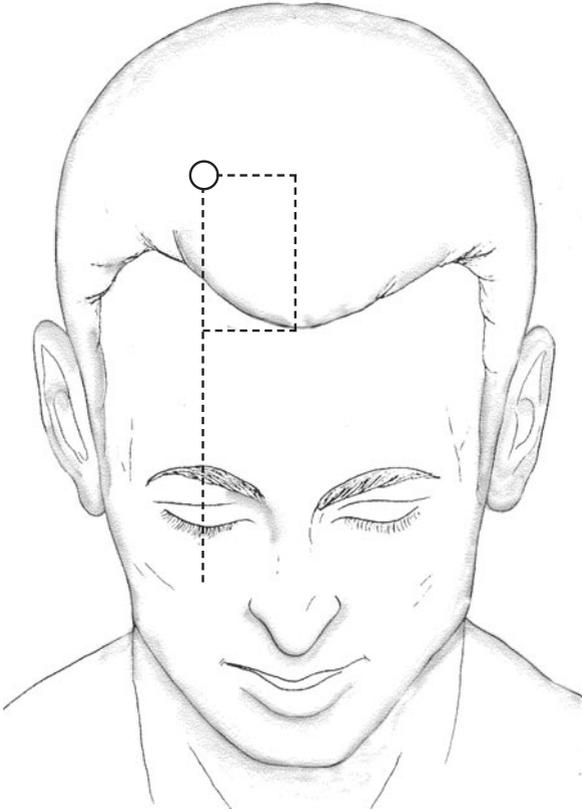
## Therapies of the Converter Points

Within the esogetic model the position of the converters is what I connect to the physical energy of the individual. This does not depend on the "information". In my imagination we have three equal structures, that I look fictitiously at as sun-reactors or converters and which produce energy incessantly, in order to keep the dynamic of the model of information – energy – matter alive. The three basic areas for each converter are fictitious as well. I distinguish between the head, back, legs, thorax and arms each with seven surfaces that each contain seven points/zones. This gives us the 147 energy points.



This model should be looked at as an energy producer on one hand and on the other as a vent for the permanently building pressure. These 147 regulators or points of the energy flow can be used by the therapist to assist the sick individual on their way towards health and he is also able to provide a map of that way through the knowledge of the structure of these points.

## The Medulla Oblongata Point



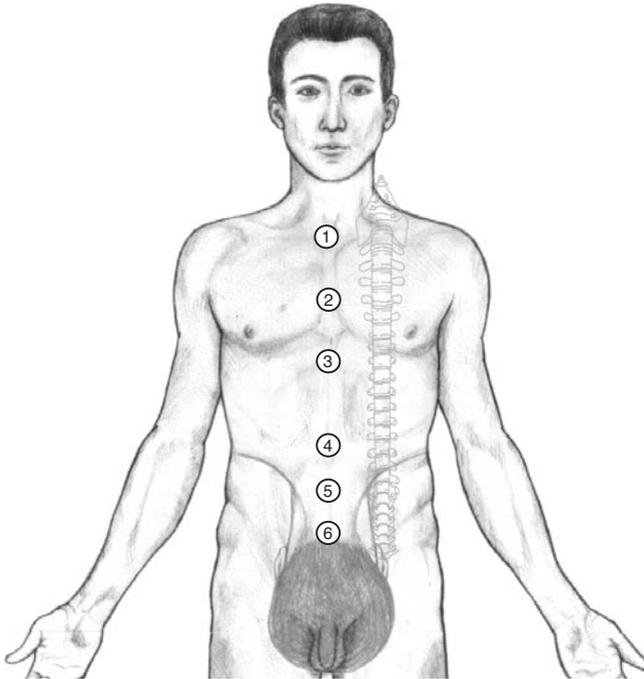
**Indication:** Reaction test of the degenerative basic pattern. In all central nervous imbalances and unclear pain conditions. Most important diagnostic and therapeutic point Of the central nervous system in regards to the medulla oblongata. In all paresthesias it is the general treatment point, for instance when fingers/ hands and toes/ feet go numb.

**Location:** It is located on the right side of the head, 2 FW back from the hairline and on the endoderm line.

**Color:** Massage and infrared

# The converter points of the spinal column

Let us start with the principle of the "inverted human", which shows the line of the spine in the front.



**Point 1 – relates to the lumbar spine and the sacrum and coccyx areas.**

**Indication:** Partnership with oneself; expression of the masculine, relationship to the father principle, basis of the soul, dreamzone of remembrance.

**Location:** Beginning of the sternum

**Colors:** Infrared, Ultraviolet, Red

**Point 2 – Th<sub>12</sub>**

**Indication:** Relating to one's inner life, freedom of the breath; relationship to melancholy.

**Location:** Middle of the sternum

**Colors:** Infrared, Ultraviolet, Red

### **Point 3 – Th 4/5**

**Indication:** "bowing down", relates to the emotional heart, seat of the animalistic and sexuality.

**Symptoms:** Cramps in the stomach

**Connections:** medulla oblongata, solarplexus, heart, genitals, intestines. The individual allows external oppression, he "bows down to it".

**Location:** Tip of the sternum – CV14 (heart alarm point)

**Colors:** Infrared, Ultraviolet, Red

### **Point 4 – Shoulder/C7**

**Indication:** Spasm and psychological center; everything the person has to carry and suffer; relationship to the shoulder/ neck area; depressions, joylessness.

**Connections:** FC Lu/LI and thus melancholy.

**Location:** 2 FW above the middle of the navel

**Colors:** Infrared, Ultraviolet, Green or Blue

### **Point 5 – Neck**

Relationship to the feminine and the mother principle, center of melancholy (C4/5), expression of hurry and pressure ("somebody's breathing down my neck"), tensions ascending to the head, stress of the sensory organs eye – ear – nose. The point is combined with other appropriate zones.

**Location:** 2 FW below the middle of the navel

**Colors:** Infrared, Ultraviolet, Green or Blue

### **Point 6 – Point of the medulla oblongata around CV4**

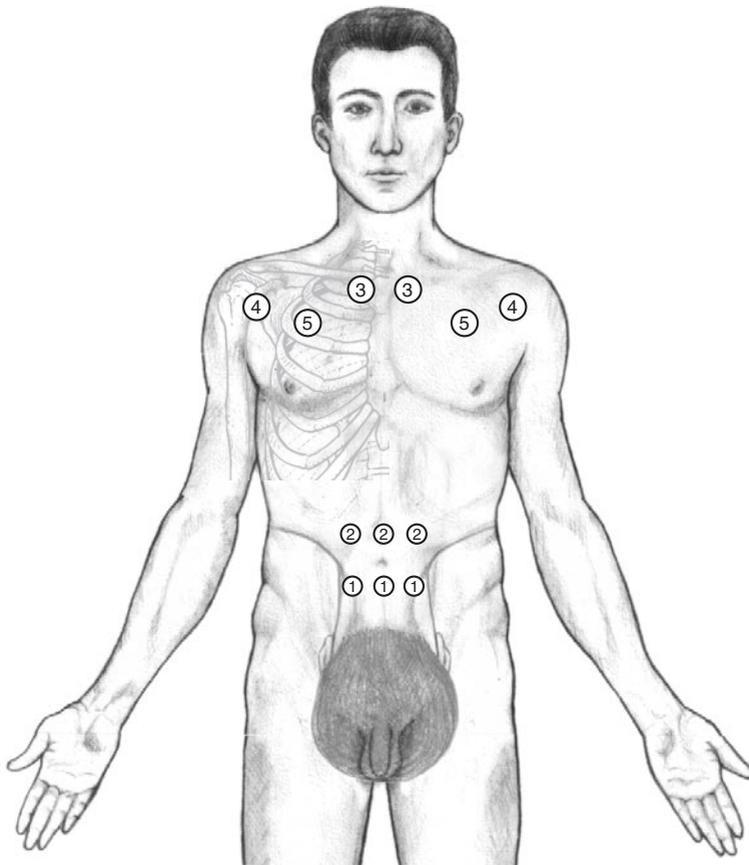
Relationship to the solarplexus, all spasms and tensions in that area, regulation of warmth and cold in the individual (location of the Chong extraordinary meridian). Relates to the acupuncture point GV16 – from here we can influence the regulation of the information energies.

**Indication:** A patient's stress or conflicts.

**Location:** 3 FW above the edge of the pubic symphysis, CV 4

**Colors:** Infrared, Ultraviolet, Red

## The Converter Points of the Sacroiliac joint, Hip, Knee and Neck/ Shoulder



### Points 1 and 2 – The Four Points around the Navel

**Indication:** I have been using these four points in my therapies for twenty years. I call them aggressive zones, because in most people with degenerative or reactive illnesses the palpation of these zones reveals a considerable pressure sensitivity. Within the converter model the upper points symbolize the shoulder area and the lower ones the lateral neck. This is where all aggressions – physical as well as emotional – are projected. These aggressive zones are primarily treated with the color green, or if we want to establish a stronger relationship to the emotions with turquoise. For painful conditions of the neck and shoulder the color blue has shown good results. In the case of recurring pains in the neck and shoulder area we have observed that the IR 950 creates quick and lasting results. I also have combined the different colors (green, turquoise, blue) with the IR 950. Especially the color green has proven very beneficial with the in-

frared treatment. Often the tension in the associated areas disappear after a short while (20 – 30 sec.). These four zones are the most important esoteric converter zones.

**Location:** 2 FW below and above the navel, and 2 FW to the left and the right.

**Colors:** Green or Blue or Infrared.

### **Point 3 – Sacroiliac Joints on the Left and Right (contralateral relationship)**

**Connection:** Soul; quote by Willi Penzel "If the iliosacral joint is 'out', then the soul is off track". The human being is off center. The two points are identical to the acupuncture point Ki27 below the sternoclavicular joint.

**Indication:** Right SI joint: intellectual stress in the present. Left SI joint: emotional stresses from the past.

**Location:** below the sternoclavicular joint, Ki27

**Colors:** complementary red/green or Infrared or Ultraviolet.

### **Point 4 – Knee right and left**

**Indication:** Relates to an individual's fear, rigidity and stasis, the "narrow-ness". Intuitive center, center for emotional – physical toxins. The treatment of this area assists an individual in pursuing their own path and in decreasing their fears. The externally or internally generated anxiety producing situations are buffered. Tension and spasms in the lower legs and calves are eliminated.

**Location:** origin of the biceps tendon in the depression of the anterior shoulder

**Colors:** IR/UV/yellow or green.

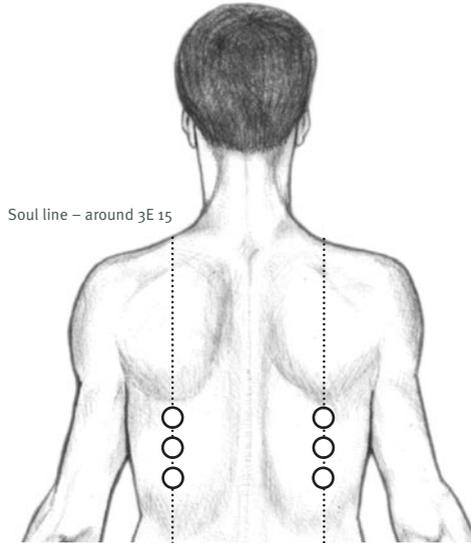
### **Point 5 – Hip joint right and left**

**Indication:** Relates to the individual program. This is the center of personal insight. People who walk in circles and cannot get to their goals and dreams. Relates also to the FC Liv/ GB and thus the human emotionality. Illnesses of the hip joint.

**Location:** 2<sup>nd</sup> ICS on the soul line

**Colors:** complementary red/green or Infrared or Ultraviolet.

# The Converters of Lung and Bronchi



## The Six Points of the Lungs and Bronchi

### Indication:

Esogetic Medicine has discovered six points, which are beneficial in all lung problems, particularly if there is a stubborn cough, but also as an adjuvant for severe lung diseases.

### Location of the points:

All points are located on the soul line. The upper 2 points are 2 FW below the tip of the scapula. The other ones are each 2 FW down from each other.

### Treatment sequence:

**Color:** Complementary Red/ Green or Infrared



